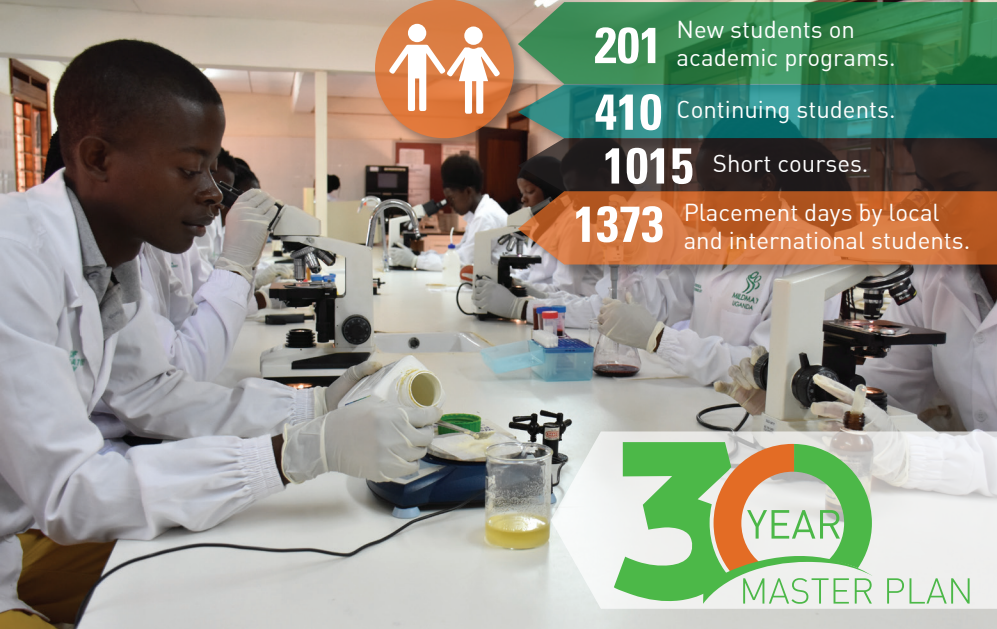



A leader in Health Professional Development

Mildmay Institute of Health Sciences (MIHS) remains one of the best in the region. Studying from well facilitated and serene environment provides our students the greatest experience and prepares them to become good health systems change employees and managers. In 2017, Mildmay Uganda launched its 30-year master plan that takes us on the journey to operate a modern teaching hospital.


Mildmay Institute of Health Sciences (MIHS) has three schools that are accredited by Ministry of Education and recognized by National Council for Higher Education (NCHE). These are: Mildmay School of Clinical Officers, Mildmay School of Medical Laboratory Technology and Mildmay School of Nursing and Midwifery.

“Having studied from Mildmay School of Medical Laboratory Technology with an Internationally Accredited Laboratory by the South African National Accreditation System (SANAS), the skills attained have improved my performance and confidence at work place, enhanced interpretation of health related issues and I have become a role model at my workplace,” reveals Christine Alupo.







201 New students on academic programs.




410 Continuing students.



1015 Short courses.



1373 Placement days by local and international students.



Using local resources for strong health systems and sustainable impact

Hundreds of rural community health volunteers are working with local facility health workers to improve the health system. They are the first contact in the community and are always available to give information about health to the local people. Building their capacity and empowering them with basic health knowledge and skills facilitates a strong health system that creates sustainable impact.

In 2017 Mildmay supported over 1101 community health volunteers in 8 districts to mobilize communities for uptake of health services; track clients on life saving drugs to access their drugs, track HIV positive mothers for eMTCT, track TB patients for TB treatment, mobilize pregnant mothers for Antenatal Care (ANC) and facility delivery, HIV prevention services including Voluntary Medical Male Circumcision (VMMC), HIV Testing and Counseling (HTC) and give clients psychosocial and family support.

Reverend Mawanda a retired church leader is now working as a peer father at Nakaseke hospital. He has been trained by Mildmay Uganda under the health system strengthening project to support the facility in identifying, tracking and support men who are on life saving drugs. He takes plight in waking up every day to save lives.

I have been able to support men and bring them on board, most men are illusive and do not want to support their wives who are HIV positive but instead mistreat them.

Mawanda’s story is one like for 1101 community health volunteers supported by Mildmay Uganda who are involved in saving lives of the vulnerable neighbours in their community.



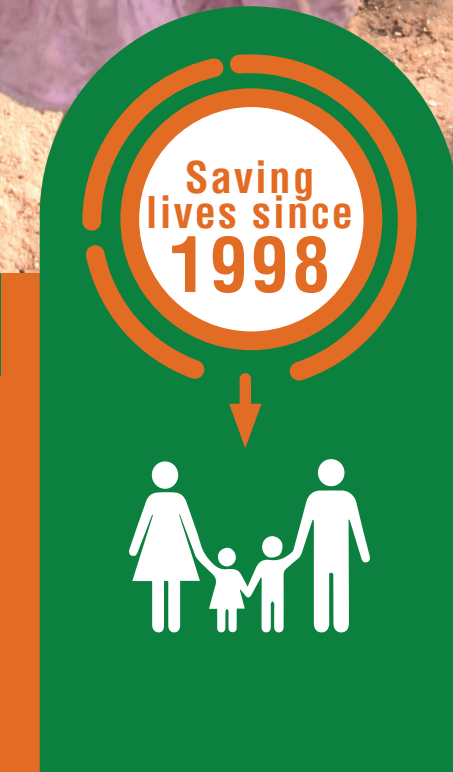
Using technology for improved health strategic information

Effective public health systems demand reliable, accurate and timely data for decision making. In 2017, Mildmay Uganda launched the use of geospatial system for real-time reporting of Voluntary Male Medical Circumcision (VMMC) in Mubende. Locational information tied to geographical descriptions facilitate geospatial analysis, interactive descriptive questions, analyse spatial data for program decision making.

Cost of our response



 P.O. Box 24985 Kampala, Uganda  +256 312 210200 / +256 312 210205  
 mailbox@mildmay.or.ug  www.facebook.com/mildmayuganda  MildmayUganda & MUGImpact



Annual Report  
2017

www.mildmay.or.ug



A Message from the Executive Director


Dear Friends,

It is my pleasure to present to you our 2016/17 Mildmay Uganda Annual Report. This is another opportunity to share our experiences towards equipping communities to effectively respond to HIV and other priority health issues with you.

In this report we continue to espouse our values and improving our systems to ensure that internal accountability is accorded even greater significance in our future work and maximizing impact for each dollar invested in our proven interventions. Our recently launched 30-year master plan designed to transform us into an organization that triggers local capacity to address our national health challenges will continue to enable us model cost-effective models that can address health needs.

We are very grateful to our diverse funding partners and the organizations/ individuals with whom we work to make this come together. Specific appreciation goes to the Ministry of Health, PEPFAR/CDC, District, ELMA, Alliance Uganda, ABC, PORTICUS, ASLM, RAND CORPORATION, INTERNATIONAL INITIATIVE FOR IMPACT EVALUATION, RWENZORI BOTTLING COMPANY and Community Leaders, Health Service Providers, Community Mobilisers, but more so to our beneficiaries who have allowed us to participate in their lives.

With warm regards,



Dr. Mukasa Barbara  
Executive Director  
Mildmay Uganda





## A Message from the Chairman

Dear Friends,

I applaud all our partners for the unwavering belief in and commitment to Mildmay Uganda that has enabled us model low cost high impact health interventions that address the greatest needs of the vulnerable families while triggering local capacity to make systems work for health service delivery, Skilling Human resources for health systems functioning and management. We value our partnership!

This year's annual report contains many examples of how Mildmay Uganda makes a difference through saving lives in our community. A particular highlight is Mildmay Uganda 30-year Master Plan that was launched by His Excellency, the President of Uganda. The plan will build on our rich knowledge and experience base to guide our evolution into a sustainable local private not-for-profit Teaching Hospital that plays a pivotal role in Uganda's transition to middle-income status.

The 30-year Master Plan will equip us institutionally for a greater role in ending the HIV epidemic; increasing access to and utilization of health care services; and filling critical Human Resource gaps at lower health facilities by a rich skills-based training of paramedics at the start with a vision to grow the institute into a fully-fledged medical University.

As we create footprints in our growth, Mildmay Uganda Institute of Health Sciences (MIHS) has been accredited by the National Council of Higher Education (NCHE); Uganda Allied Health Professional Council and the Uganda National Council for Science and Technology (UNCST). Currently it delivers up to 12 academic programmes including a BSc in Health & Social Systems Management (Manchester), Bsc & Diploma in Human Nutrition and Clinical Dietetics, Diploma in Medical Laboratory Technology, Diploma in Medical Records & Health Informatics, Diploma in Clinical Medicine and Community Health, Diploma of Child Counseling, Diploma in Paediatric Palliative Care, & a certificate in Nursing & Midwifery.

On behalf of the entire board of directors, I thank the Mildmay Uganda Board of Directors for their outstanding leadership; Management and all of the staff for outstanding performance and for enduring commitment to saving lives through equipping communities to effectively respond to HIV and other priority health issues.

I wish you all a Merry Christmas and a Prosperous new year 2018.

With sincere thanks,

Rev. Prof. Dr. Sam Luboga  
Chairman Board of Directors

## Our approach to impacting lives

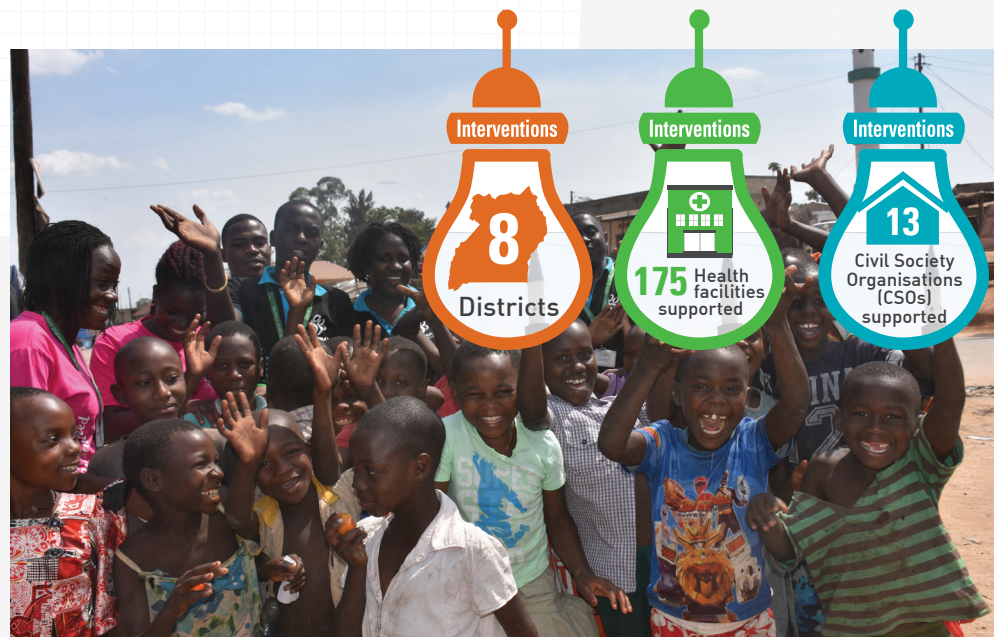


We model low cost high impact health interventions that address the greatest needs of the vulnerable families while triggering local capacity to make systems work for health service delivery.



## Our reach

Our proven low cost high impact health interventions are reaching nearly 4.5 million people of which 2.5 million are children and adolescents.



## Our Commitment

Reaching the greatest needs of the people we serve demands our commitment to keep the quality of our services high and continuous listening to our beneficiaries. We continue to espouse our values and improving our systems to ensure that internal accountability is accorded even greater significance in our future work and maximizing impact for each dollar invested in our proven interventions. Our recently launched 30-year master plan designed to transform us into an organization that triggers local capacity to address our national health challenges will continue to enable us model cost-effective models that address health challenges of our time. **"We commit to saving lives"**

## Our impact at a glance

**8,831** Estimated new infections averted,

**952,591** Estimated Disability adjusted Life Year (DALYs) averted

### HIV care

**89,000** PLHIVs supported on the lifesaving drugs

**83%** Viral load suppression

**3.2%** Elimination of Mother to Child Transmission (EMTCT) rate less than the national target of ↓5%

**40,721** Estimated unwanted pregnancies averted

### Maternal and Child Health

**6,308** Skilled birth attendance supported HIV positive

### Prevention

**634,164** Tested for HIV and received results,

**48,710** Men reached with Voluntary Medical Male Circumcision (VMMC)

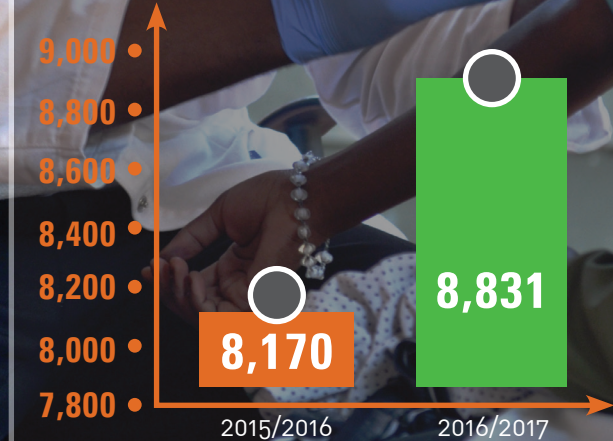
**6m** Free condoms distributed and  
**85,348** People reached with oral or injectable contraceptives

**1,800** Estimated Key Populations (KPs) reached with prevention services

**42,007** Adolescent Girls and Young Women (AGYWs) enrolled in the DREAMS project

**19,905** Adolescent Girls and Young Women (AGYWs) received a minimum of 3 HIV prevention services

### ESTIMATED NEW HIV INFECTIONS AVERTED



Mildmay Uganda averted an estimated 8,831 new HIV infections (17% of the National).

## Working towards the end of HIV Epidemic

Mildmay Uganda was one of the first implementing partners supported by CDC/PEPFAR to offer life saving drugs in 2004. For over 13 years, Mildmay Uganda has provided free ART drugs to over 90,000 People Living HIV (PLHIV) in the 16 central districts of Uganda clustered as central one and two, the heavily hit by the HIV epidemic with an average prevalence of 9%. **We celebrate this achievement.** The 2016 Uganda Population HIV Impact Assessment (UPHIA) preliminary report indicated that HIV prevalence in the two regions has reduced by 3% and 1.8% in central one and two respectively. Starting 2017 with support from PEPFAR, Mildmay Uganda has concentrated her HIV interventions in 8 districts of Mubende region including; Mubende, Mityana, Luweero, Nakaseke, Nakasongola, Kiboga, Kyankwanzi and Wakiso district in Kampala region.

## Making dreams possible through the "DREAMS" project



"I feel empowered, I have learnt so much and now my dream is to help other girls going through similar situations to take charge and control of their lives," explained Victoria with a smile of hope.

Growing up in the rural areas of Mityana district, over fifty kilometers from Kampala, 20-year Veronica aspired to be a lawyer- a profession she would use to protect children and other vulnerable people in her community. Her dream was shattered when her parent's income changed. She dropped out of school and was left to fend for her life as young girl. "We went on for days without meals and basic necessities. We lived a miserable and appalling life," narrates Victoria.

At 15 years, Victoria was introduced into commercial sex to support her access basic needs and also support her family.

"I started buying whatever I needed from the little money I got from the men I slept with. Sometimes I could go with five to eight men in one night each giving me between UGX5, 000 to UGX10, 000. "At that time, I didn't really understand the dangers of sleeping with multiple partners more so without protection. I only looked at what I was getting out of it."

A community mobilization for the DREAMS project through a home visit changed her story to a determined and empowered safe young girl. DREAMS is a PEPFAR-led public-private partnership designed to help girls in 10 sub-Saharan African countries develop into Determined, Resilient, Empowered, AIDS-free, Mentored, and Safe women. In Uganda, Mildmay Uganda implements the DREAMS project in five districts in Central Uganda.

Since its inception, DREAMS has reached over 42007 adolescent girls and young women with critical comprehensive HIV prevention to reduce their risk of HIV infection help them to know their HIV status, and ultimately prevent the spread of HIV/AIDS.

Upon enrollment, Victoria was tested for HIV. "I could not believe that am HIV negative. I didn't first accept because I thought I was already positive," she said. It was a turning point in my life. I felt God had given me a second chance to live. Thanks to DREAMS. My dream was to become a lawyer and project has helped me build self-confidence as I purpose to become a voice for fellow young girls and their rights.

The DREAMS program has empowered Victoria with knowledge and skills to make right choices and remain free from HIV. She is a peer educator and facilitator for behavioral change approaches to other girls and young women in her community.

"The program is life transforming. We see many girls involved in transactional sex leave the streets. We shall continue to track and monitor them," said Rose Namukwaya, Social Worker at Uganda Youth Development Link a partner to Mildmay Uganda.