



Communities
Transformed for
Sustainable Health

Annual
Report

20
21



Over 20 years of

BOLD

Impact



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COST OF OUR RESPONSE



Message from the Chairman Board of Directors

Greetings from Mildmay Uganda!

Thank you for walking with us on the journey to transform communities for sustainable health. We bless the Lord for the opportunity to impact lives through our innovative and impactful programs across Mildmay Uganda.

In 2021, Mildmay Uganda through the Mildmay Uganda Hospital, Mildmay Institute of Health Sciences, Mildmay Research Center and programs, continues to see strengthened partnership with Government Ministries, Departments and Agencies, such as: Ministry of Health; Ministry of Education and Sports, Ministry of Gender, Labor and Social Development; and Government of Uganda Parastatals. We also enhanced our engagement with Development Partners and Communities.

We continue to be guided by Mildmay Uganda 30-Year Master Plan to build the organization into a sustainable indigenous not-for-profit Teaching Hospital that is responsive to last-mile Human Resource (HRH) gaps in Uganda's healthcare delivery. Our HRH development approach uses a rich skills-based model to train paramedics. Our schools for Clinical Officers, Nurses, Midwives and Medical Laboratory Technologists are nationally accredited as training sites and examination centers. The Master Plan stipulates the vision to grow these schools into a Medical University. Through our Research Center, we have continued to influence health policy through evidence-based research.

Through adapting to new dispensation dictated by the COVID-19 pandemic, our innovations to transform communities have been defined by developing online learning platforms for our learners, creating virtual and safe means to reach out to our communities and strategic partners.

Happy New Year!

A handwritten signature in black ink, appearing to be 'A. S. S.', written over a series of horizontal lines.

Board Chair
Mildmay Uganda Group.



Message from the Executive Director

This report provides highlights of the Organization's performance as per the Mildmay Uganda Strategic Plan period 2018/2023.

2021 just like the previous years has solidly defined a new dispensation of doing business-impacting lives through our programs. The season has been characterized with virtual engagement of our critical stakeholders with more adaptations to online learning and interaction more especially among our customers under the Mildmay Institute of Health Sciences. Our hospital continues to contribute to planned efforts by Government of Uganda through the Ministry of Health to avert death due to COVID-19 pandemic through offering free COVID-19 vaccination, Testing and management of severe cases. Each of the MUg entities has continued to adapt its functions for business continuity. The projects have continuously changed their community program design to accommodate social distancing guidance while MIHS has expanded gradually her e-learning experience. MURC continues the journey to autonomy with a bias towards capacity building for grant writing.

We appreciate the Board and Governing Council for the strong commitment to supporting MUg to realize her distinct place in each of the service area - Care & Support, Training & Education and Research.

Great appreciation to our dedicated staff, volunteers across the Mildmay Group; partners, and the communities we impact. Together, we have contributed to the story of Mildmay Uganda's contribution to health service delivery through care, education, and research.

Happy and blessed 2022

A handwritten signature in black ink, appearing to read 'B Mukasa', with a long horizontal flourish extending to the right.

**Dr. Barbara Mukasa
Executive Director
Mildmay Uganda.**

WHO WE ARE

Since 1998, Mildmay Uganda has modelled bold strategies to strengthen health systems that support thousands of vulnerable Ugandan to live longer and healthy. Our efforts aim to build on local capacity of communities we serve to take charge of their own life purpose and health. Through training human resources for health, creating evidence for decision-making and strengthening health systems, **we create bold impact.**

OUR COMMITMENT

Creating bold impact demands us to stay highly accountable to both people we serve and our partners who support the work we do. We do this by ensuring delivery of quality effective services and maximising the impact of each dollar invested in our work. Over the years, we have established internal systems and values that we believe will spur us to even greater level of accountability. We commit to adhere to our values. **We commit to saving lives.**

HOW WE WORK

We believe in helping and supporting communities to use what they already have to trigger their capacity to change and build health systems that work for them using a family centred approach.

We believe that to ensure sustainability for our impact, every intervention we undertake, we have listened to all our stakeholders from government ministries, private sector, civil actors and beneficiary communities.

We believe that when women and children are free from disease, they have enough time to attend to their life work and aspirations thereby achieving resilience and protection from shocks of life.





Our Impact reach

Direct

1,900,178

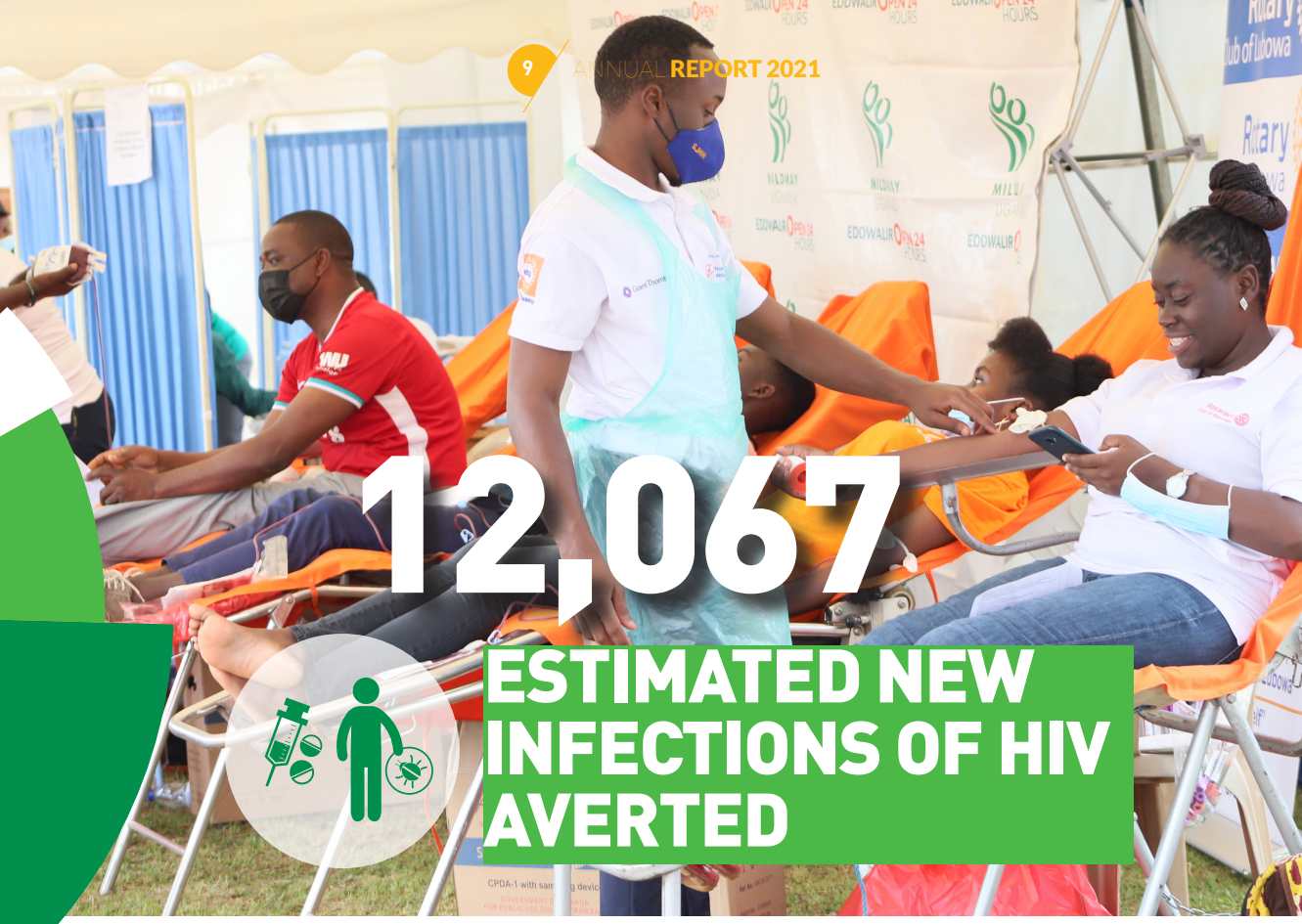
Individuals reached with a minimum of one service

**Our proven
interventions averted;**

1,134,993

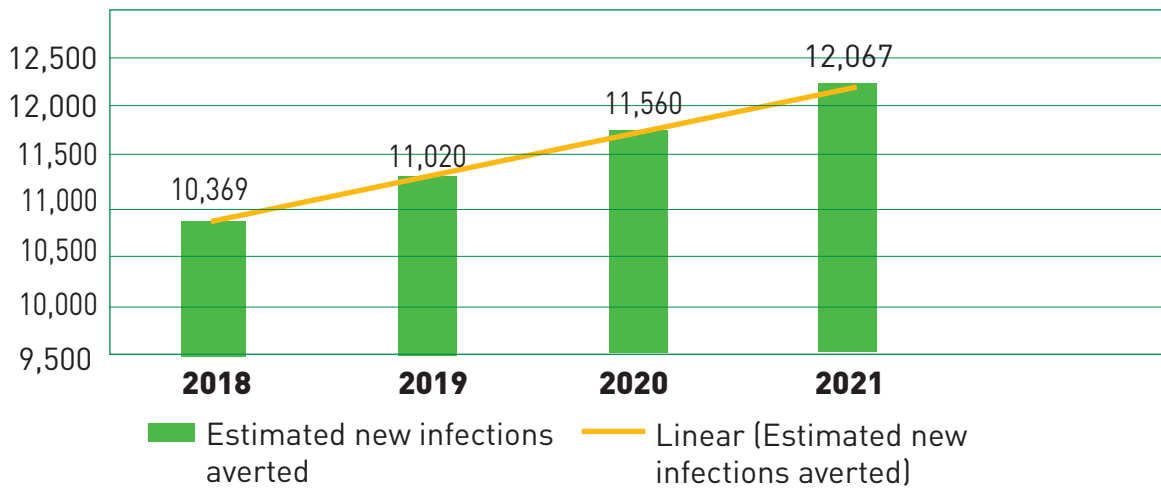
Estimated DALYs (Disability adjusted
life years)





12,067

ESTIMATED NEW INFECTIONS OF HIV AVERTED



31

Partners supported by Mildmay Uganda to create sustainable impact





Credit: Mildmay Uganda

11,891

People have been vaccinated with

9029

Received the first dose and

2849

Receiving the second dose.

**LONG
LIFE BOLD
IMPACT**

182 (140 supported Health Facilities and **42** Private For Profit HFs)

Health Facilities supported with **COVID-19** prevention and control consumables

182 (140 supported HFs and **42** Private For Profit HFs) Health Facilities supported with Vaccination and

reporting **172** Persons Tested for **COVID-19** and received results

OUR COVID-19 RESPONSE VACCINATION UPTAKE AT MILD MAY UGANDA HOSPITAL

6 4-year-old Bruhan Kiweewa, a driver at Uganda Clays, (manufacturers of baked clay building products) is one of the beneficiaries of the national vaccination activity to manage COVID-19. He shared his vaccination status to inspire others.

"I want someone to see my story and say, 'hey, if he can do it at 64 years of age. I can do it too. I made up my mind and decided to get my jab. I have now been fully vaccinated at Mildmay Uganda hospital. My friends felt it was a death sentence, but I didn't listen to them - I had made up my mind and I have not felt any side effects from the vaccine,'" Kiweewa says.

Mildmay Uganda continues to support the national response to COVID-19 and to-date, Mildmay hospital has vaccinated over 11,891 people with 9029 receiving the first dose and 2849 receiving the second dose. The vaccines are offered freely to the public and are provided by the government of Uganda in partnership with partners. The hospital also provides Testing services for COVID-19.

As the country manages the new Omicron variant, it continues its wide-scale vaccination campaign and has successfully administered the first dose to more than 10,410,479 people, 22.8% of the Uganda's total population and fully vaccinated 1,809,627 people, 4.0% of the population.





Mildmay Uganda Is Focused To
Helping Uganda Improve The Quality
Of Life Of Ugandans In Alignment
With The First Five Sustainable
Development Goals

1 NO POVERTY



18,279

3,880

Households served on the economic strengthening program

Individuals on the program supported to attain economic resilience



2 ZERO HUNGER



910

Individuals served on the food security Program

1,556

Individuals received agribusiness skills, linked to agri-value chain

3 GOOD HEALTH AND WELL-BEING



508,304

Individuals tested for HIV and received their results

11,138



Individuals supported on life saving drugs

87,881



Males aged 10-35 received VMMC for HIV prevention

12,065



Women Living with HIV who received Cervical cancer screening

365,530

Individuals tested HIV positive and enrolled on ART



23,414

Individuals received TB treatment



10,523



Key Populations received a standard HIV prevention package

24,908

Priority Populations received a standard HIV prevention package

4 QUALITY EDUCATION



425

Health Care workers trained and graduated with certificates, diplomas and degrees

295



Health workers supported on the placement and short course program

5 GENDER EQUALITY



27,529

Individuals received Gender mainstreaming training



5,513

Individuals received gender based violence prevention services



15,522

Individuals received post gender violence care





Credit: Mildmay Uganda

RESTORING HOPE TO CHILDREN LIVING WITH DISABILITY

Cerinah was born pre-maturely at 07 months at her parents' home in Mpongo, Mityana District and rushed to Mityana Hospital for management. As new parents, the wait to have Cerinah get out of hospital could never be more trying.

"After the two months in hospital, we began treating Cerinah like a normal baby, but she never developed at the same speed as other children. At 04 months she couldn't sit on laps, her neck was very weak. I knew there was a problem," Beatrice narrates with despair.

"We were first informed that it was witchcraft, so we took her to shrines but she never got better," he says. "We tried pastors, sheikhs – everyone we were advised to see but her condition never improved. At two years, we gave up."

People living with disabilities
reached with rehabilitation
support

2872

Children living with
disabilities supported to
receive corrective support

84



Credit: **Mildmay Uganda**

Cerinah's life changed after her parents interacted with Edrida a Village Health Team member working with the Safe Motherhood and Child Disability Project supported by Mildmay Uganda in partnership with Mityana Hospital. Edrida provided psychosocial support to the young parents and later referred them to Mityana Hospital for further management.

"At the hospital, we more psychosocial support and also given supporting devices like sitting frames that have since then facilitated her sitting and standing postures and relieved her from sleeping all the time, we were also taught to exercise her limbs to make them active." Beatrice says there has been great improvement with Cerinah's growth."

In this journey, Cerinah's parents are thankful to the Safe Motherhood and Child Disability Project and particularly the local Village health team member who has provided continued support.

Cerinah is one of the 01 in every 10 children who are born with a disability in Uganda (Uganda Functional Difficulties Survey (UFDS 2016). Many times, the knowledge gap in detecting and managing child defects in societies means that the situation of hundreds of children worsens because their caregivers are not well equipped with knowledge on how to identify defects at an early stage. The Safe Motherhood and Child Disability Project seeks to address this gap by training health workers to identify and manage child defects at birth; and equipping Village Health Teams with skills to identify children with disabilities in societies and refer them for care at hospitals and other centers of excellence like Katalamwa and CORSU Rehabilitation Hospitals for correction.

INCREASING IMPACT THROUGH SKILLING HUMAN RESOURCES FOR HEALTH



Immaculate Nakirijja's decision to join Nursing training after Senior Four was greeted with mixed emotions from her relatives and friends. After her Senior Three class, she decided to enrol for a nursing course immediately after Uganda Certificate of Education (UCE) results were released, and in 2016, on advice from a close relative, she opted for the Mildmay Institute of Health Sciences (MIHS).

"My memories of the first day are still fresh. The trees, the quietness of the place, the infrastructure; it's all stuck in my mind," Immaculate says. She had been admitted to pursue a Certificate in Nursing and Midwifery, and for the next two-and-a-half years of her life, Immaculate studied and gave her best in class.



“The tutors were very helpful. They held one-on-one sessions with each one of us which indeed helped us outperform our expectations. The nursing skills laboratory was well equipped. We had hands-on learning experiences and the environment was very quiet and organised, and provided a lot of spots for revision,” she narrates with a beaming face

Immaculate graduated at a colourful ceremony that was attended by her loving parents, and fresh from the milestone.

Her dream was achieved when she received a call from Mildmay Uganda Hospital offering her a role – and Immaculate took it. “I didn’t even think twice about it. I joined up and began supporting the hospital as a Nurse,” she says.

Her dedication and hard work was rewarded when she was named Volunteer Nurse of the Year, a recognition she greatly appreciates. “It came as a shock because all I did was to serve. I never set out to be rewarded, but I am so happy for the recognition of the work that I do,” she says.

“I feel great with the skills I have gained and seeing myself supporting mothers who come to give birth, I’m living a fulfilled life of saving lives”. She narrates. In her role, she is at the forefront of ensuring that mothers give birth to children free of HIV at the Mildmay Uganda Hospital.

Immaculate is one of the hundreds of students who graduate through the Mildmay Institute of Health Sciences (MIHS) and have carved out successful careers as leaders in health profession serving thousands of people across Uganda and beyond.

RESTORING DREAMS OF ADOLESCENT AND YOUNG WOMEN USING THE DREAMS CONCEPT

17,693

Young girls received
a full DREAMS
package


5,707

Young girls reached with
Gender Based Violence
prevention

4,466

Were served with social Economic
strengthening package

Credit: Mildmay Uganda



Rebecca Nalukwago 21 years, lost her father at a tender age of 7 years, the sole family breadwinner to an unspecified illness and was left to live with her mother. This fate led to her childhood being characterized by ill health and interrupted education.

As Rebecca grew to become a young woman, Life challenges pushed her to start practicing unsafe behaviors leading to early sex debut and pregnancy. Rebecca received her first daughter at 17 years. Due to pressure from her mother, Rebecca went to stay with father of her child who would later subject to her gruesome domestic violence and later leaving him to be on her own.

“When I went to be on my own, Life was hard. In our society, girls think it is important to keep up with the current trends, and suddenly I couldn’t afford to have the hair I wanted, do my nails, or wear clothes that I loved,” she says. “Worst of all, I couldn’t afford to take care of my children and family. My mother was suffering. There was no food in the house, and I couldn’t do anything about it. So I made a choice the worst choice of my life, to turn to sex work. I thought I would only do it once, but I was in the same situation again and again. I knew about HIV but in many cases I found myself having no protection at all, I never negotiated safer practices due to feeling vulnerable. I did not like the person I had become, and I felt bad about myself,” narrated Rebecca.

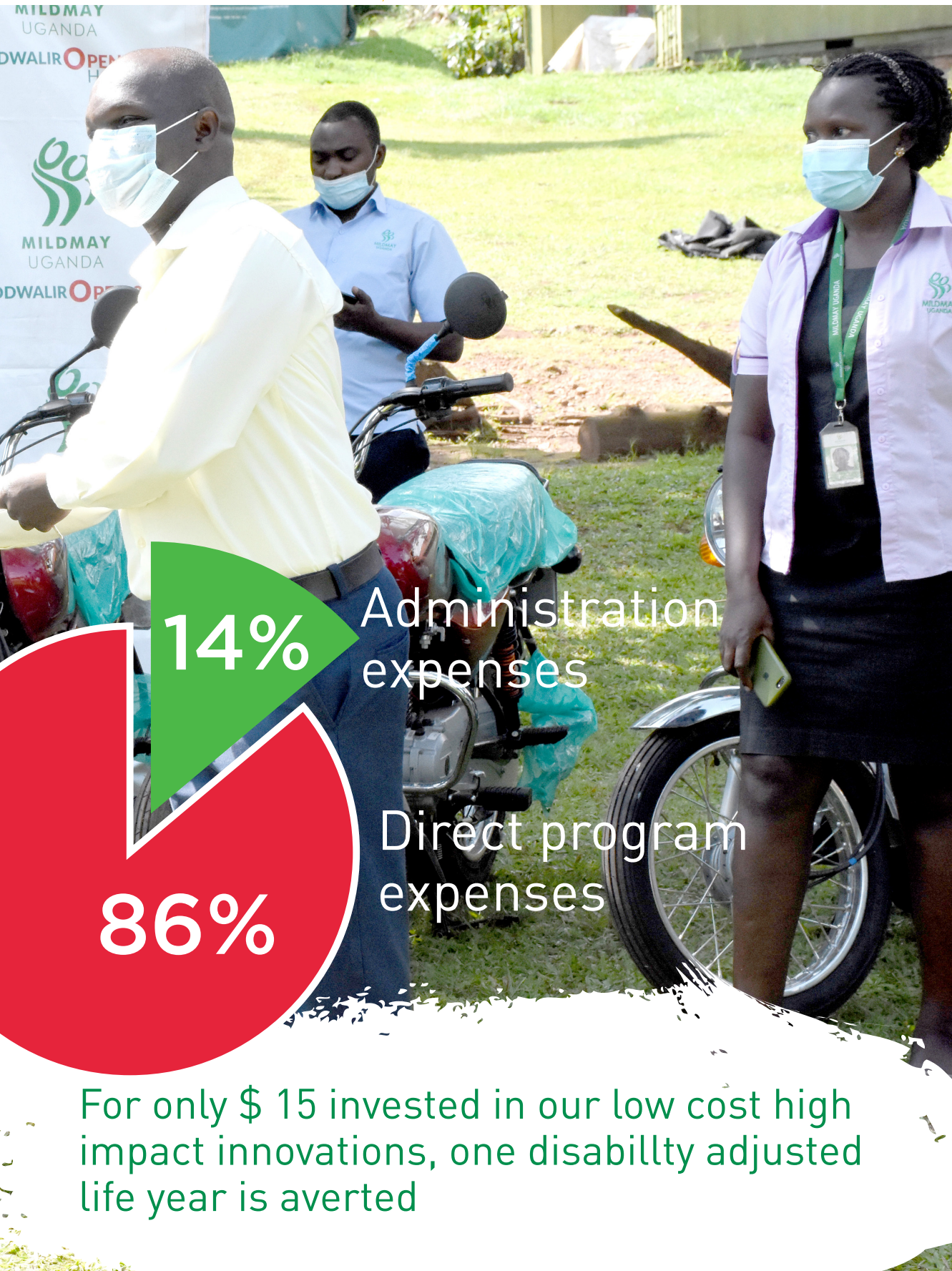
In 2020, Rebecca was mobilized by her mother to join the DREAMS project supported by PEPFAR and CDC in partnership with Mildmay Uganda. She knew it would be a great opportunity for her daughter.

“I was so happy to turn away from the negative life I was living, and I knew it was only a matter of time until it destroyed me. I’m Now in charge of my life.” Rebecca said. “DREAMS has given me a new life and being part of a project that focusses on bettering the lives of young girls makes me feel so proud. I have learnt that no matter the road travelled, there is always a chance for a better opportunity – I am living proof of that. My mother has started noticing the change in me, even though I have only been here for five months. I have learnt how to manage my anger and I am a happier person. I am surrounded by positive people. I have made friends who have a positive influence on me. My mother is over the moon. She tells me that come what may, she will always support me. I have enrolled onto a Village Savings and Loan Association where I save UGX 500 per day. I intend to use this money to start up a business of my own, and buy my mother a watch as a reminder that her time spent on making me better will not go in vain. I am so grateful to PEPFAR and CDC for the DREAMS Project and Mildmay for affording me this life changing opportunity.”

DREAMS Project is part of the Accelerating Epidemic Control in Mubende Region Project, a five-year PEPFAR and CDC funded cooperative agreement being implemented by Mildmay Uganda and sub-partners to reduce new HIV infections in Uganda. Since its inception in 2016, more than 100,000 girls have graduated from the program to live Determined, Resilient, AIDS-free, Mentored and Safe lives.

COST OF OUR RESPONSE





14%

Administration
expenses

86%

Direct program
expenses

For only \$ 15 invested in our low cost high impact innovations, one disability adjusted life year is averted



Communities Transformed for Sustainable Health

Hospital Line

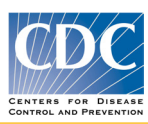
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